



South African Mens Unequipped Powerlifting Record

Eldeano Booysen

Sub-Junior

in the 59kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

97.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Emmanu Papala

Sub-Junior

in the 59kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

175kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Liam Schultz

Sub-Junior

in the 120kg Division

competed on 28 February 2015 in the

SA Raw Powerlifting Championships

220kg Squat

Harrie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Liam Schultz

Sub-Junior

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

252.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Johnde Victor

Sub-Junior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

200kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Johnde Victor

Sub-Junior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

127.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Johnde Victor

Sub-Junior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

225kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Johnde Victor

Sub-Junior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

552.5kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Bronwyn Marshall

Sub-Junior

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

92.5kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Bronwyn Marshall

Sub-Junior

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

115kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

David Malefo

Junior

in the 53kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

140kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Sintewilles Pietersen

Junior

in the 74kg Division

competed on 27 February 2015 in the

SA Raw Powerlifting Championships

210kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Tshepo Rapoo

Junior

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

232.5kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Jean Arthur Pretorius

Junior

in the 83kg Division

competed on 27 February 2015 in the

SA Raw Powerlifting Championships

272.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Tshepo Rapoo

Junior

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

617.5kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Franco Holder

Junior

in the 93kg Division

competed on 28 February 2015 in the

SA Raw Powerlifting Championships

175kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Francois Maritz

Junior

in the 105kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

265kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Alushka September

Junior

in the 52kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

53.5kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Alushka September
Junior

in the 52kg Division

competed on 27 March 2015 in the
SA Raw Powerlifting Championships

127.5kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Alushka September

Junior

in the 52kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

256kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Suzaan Jacobs

Junior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

105kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Lerica Golden

Junior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

133kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Lerica Golden

Junior

in the 63kg Division

**competed on 27 February 2015 in the
SA Raw Powerlifting Championships**

285.5kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Leandre Swart

Junior

in the 84kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

65kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Leandre Swart

Junior

in the 84kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

147.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Franco Holder

Junior

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

175kg Bench Press

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Alushka September

Junior

in the 52kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

53.5kg Bench Press

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Stacey Bryant

Junior

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

60kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Michael Botha

Senior

in the 66kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

147.5kg Bench Press

Harrie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Mathew Coppenhall

Senior

in the 83kg Division

competed on 27 February 2015 in the

SA Raw Powerlifting Championships

242.5kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Mathew Coppenhall

Senior

in the 83kg Division

competed on 27 March 2015 in the
SA Raw Powerlifting Championships

665kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Darryn Anthony

Senior

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

250kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Franco Holder

Senior

in the 93kg Division

competed on 28 February 2015 in the

SA Raw Powerlifting Championships

175kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Darryn Anthony

Senior

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

690kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Francois Maritz

Senior

in the 105kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

265kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Benedict Buccarizza

Senior

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

312.5kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Benedict Buccarizza

Senior

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

215kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Benedict Buccarizza

Senior

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

837.5kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Senior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

210kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Senior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

313kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Senior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

763kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Mariska Casey

Senior

in the 47kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

245kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Senior

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

127.5kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Senior

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

85kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Mitchelle Letcher

Senior

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

158kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Senior

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

365kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Danel van Jaarsveld

Senior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

125kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Danel van Jaarsveld

Senior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

77.5kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Danel van Jaarsveld

Senior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

163kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Danel van Jaarsveld

Senior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

365.5kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Laura de Wet

Senior

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

140kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Candice Coetzer

Senior

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

71kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Laura de Wet

Senior

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

170kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Laura de Wet

Senior

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

380kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Sandri van Staden

Senior

in the 84kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

177.5kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Sandri van Staden

Senior

in the 84kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

397.5kg Total

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Michael Botha

Senior

in the 66kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

147.5kg Bench Press

Harrie Smith

President



Affiliated to



South African Mens Unequipped Bench Press Record

Benedict Buccarizza

Senior

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

215kg Bench Press

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Ian Mouton

Senior

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

210kg Bench Press

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Antoinette Kriel

Senior

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

85kg Bench Press

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Danel van Jaarsveld

Senior

in the 63kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

77.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Andre Gearing

Master I

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

190kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Andre Gearing

Master I

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

140kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Andre Gearing

Master I

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

220kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Andre Gearing

Master I

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

550kg Total

Harrie Smith

President



Affiliated to



South African Mens Unequipped Powerlifting Record

Henk de Wet

Master I

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

150kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Henk de Wet

Master I

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

150kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Henk de Wet

Master I

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

630kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Gerhardus Oosthuizen

Master I

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

197.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Master I

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

240kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Master I

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

210kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Master I

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

313kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Ian Mouton

Master I

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

763kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master I

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

127.5kg Squat

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master I

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

85kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Mitchelle Letcher

Master I

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

158kg Deadlift

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Antoinette Kriel

Master I

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

365kg Total

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Laura de Wet

Master I

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

140kg Squat

Harrie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Laura de Wet

Master I

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

70kg Bench Press

Harrie Smith

President





South African Womens Unequipped Powerlifting Record

Laura de Wet

Master I

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

170kg Deadlift

Harrie Smith

President



Affiliated to



South African Womens Unequipped Powerlifting Record

Laura de Wet

Master I

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

380kg Total

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Andre Gearing

Master I

in the 83kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

140kg Bench Press

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Ian Mouton

Master I

in the 120+kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

210kg Bench Press

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Antoinette Kriel

Master I

in the 57kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

85kg Bench Press

Harrie Smith

President





South African Womens Unequipped Bench Press Record

Laura de Wet

Master I

in the 72kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

70kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Karl Christians

Master II

in the 66kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

191kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

David Quatse

Master II

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

175kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Patrick Banda

Master II

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

217.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

David Quatse

Master II

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

491kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Mobara Ebrahim

Master II

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

185kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Mobara Ebrahim

Master II

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

212.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Mobara Ebrahim

Master II

in the 93kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

490kg Total

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Gerhardus Oosthuizen

Master II

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

197.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Gerhardus Oosthuizen

Master II

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

245kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Gerhardus Oosthuizen

Master II

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

622.5kg Total

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Gerhardus Oosthuizen

Master II

in the 120kg Division

**competed on 28 March 2015 in the
SA Raw Powerlifting Championships**

197.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Yunus Hassen

Master III

in the 66kg Division

competed on 27 February 2015 in the

SA Raw Powerlifting Championships

187.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Dan Oppenheim

Master IV

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

140kg Squat

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Dan Oppenheim

Master IV

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

102.5kg Bench Press

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Dan Oppenheim

Master IV

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

172.5kg Deadlift

Harrie Smith

President





South African Mens Unequipped Powerlifting Record

Dan Oppenheim

Master IV

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

415kg Total

Harrie Smith

President





South African Mens Unequipped Bench Press Record

Dan Oppenheim

Master IV

in the 83kg Division

**competed on 27 March 2015 in the
SA Raw Powerlifting Championships**

102.5kg Bench Press

Harrie Smith

President

